



15-Sep

Highland Nursing and Rehabilitation Center
Activity Events Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Birthdays: Anna G. 9/1 Linda W. 9/2 Beaula S. 9/11	1 9:30 Current Events 10:00 Exercise 10:30 Trivia 2:00 Bingo 6:00 Night Games	2 9:30 Holy Mass 10:00 Exercise 10:30 Jingo 2:00 Individual Pursuits 6:00 Music & Relaxation	3 9:30 Current Events 10:00 Exercise 10:30 Trivia 2:00 Story Time with Bar 6:00 Table Games	4 9:30 Current Events 10:00 Exercise 10:30 Jingo 2:00 Ice Cream Social 6:00 Music & Relaxation	5 9:30 Wheeling/Walking 10:00 Exercise 10:30 Card Games 2:00 Bible Baptist Church 4:00 Table Games 6:00 Music & Relaxation
	6 10:00 Exercise 10:30 Spiritual Service on TV 2:00 Table Games 6:00 Music & Relaxation	7 9:30 Current Events 10:00 Exercise 10:30 Trivia 2:00 Movie & Popcorn 6:00 Night Games	8 9:30 Current Events 10:00 Exercise 10:30 Jingo 2:00 Bingo 6:00 Highland Theater	9 9:30 Holy Mass 10:00 Exercise 10:30 Jingo 2:00 Manicures 6:00 Table Games	10 9:30 Current Events 10:00 Exercise 10:30 Trivia 2:00 Story Time with Bar 6:00 Music & Relaxation	11 9:30 Current Events 10:00 Exercise 10:30 Tye-Dye 2:00 Snack Cake Social 6:00 Table Games
13 10:00 Exercise 10:30 Spiritual Service on TV 3:00 Table Games 6:00 Music & Relaxation	14 9:30 Current Events 10:00 Exercise 10:30 Jingo 1:30 Holy Rosary 2:00 Movie & Popcorn 6:00 Night Games	15 9:30 Current Events 10:00 Exercise 10:30 Trivia 2:00 Bingo 6:00 Music & Relaxation	16 9:30 Current Events 10:00 Exercise 10:30 Resident Council 2:00 Birthday Party 6:00 Night Games	17 9:30 Current Events 10:00 Exercise 10:30 Apple Dumplings 2:00 Story Time with Bar 4:00 Guys Night Out 6:00 Table Games	18 9:30 Current Events 10:00 Exercise 10:30 Ball Toss 2:00 Chips & Dip Social 6:00 Music & Relaxation	19 9:30 Wheeling/Walking 10:00 Exercise 10:30 Card Games 2:00 Bible Baptist Church 4:00 Table Games 5:30 Current Affairs
20 10:00 Exercise 10:30 Spiritual Service on TV 2:00 Table Games 6:00 Music & Relaxation	21 9:30 Current Events 10:00 Exercise 10:30 Jingo 2:00 Movie & Popcorn 6:00 Night Games	22 9:30 Current Events 10:00 Exercise 10:30 Trivia 2:00 Bingo 6:00 Music & Relaxation	23 9:30 Current Events 10:00 Exercise 10:30 Trivia 2:00 National Chocolat Day 6:00 Music & Relaxation	24 9:30 Current Events 10:00 Finger Painting 10:30 Jingo 2:00 Story Time with Bar 2:30 Shopping Day	25 9:30 Current Events 10:00 The Sunshine Ladies 10:30 Exercise 2:00 Pie Social 6:00 Highland Theater	26 9:30 Current Events 10:00 Exercise 10:30 Bingo 2:00 Bible Baptist Church 4:00 Table Games 6:00 Music & Relaxation
27 10:00 Exercise 10:30 Spiritual Service on TV 3:00 Table Games 6:00 Music & Relaxation	28 9:30 Current Events 10:00 Exercise 10:30 Jingo 1:30 Holy Rosary 2:00 Movie & Popcorn 6:00 Night Games	29 9:30 Current Events 10:00 Exercise 10:30 Trivia 2:00 Bingo 6:00 Music & Relaxation	30 9:30 Current Events 10:00 Exercise 10:30 Jingo 2:00 Manicures 6:00 Table Games		Additional information: Activity schedule is subject to change with out notice. One to one visits are conducted daily for those who cannot attend activities.	